



NYS Apples

May

2025 6-12



Breakfast

Lew-Port HS & MS



Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
			Croissant Sandwich w/sausage	Bagel sandwich w/sausage
			4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Breakfast flatbread sandwich w/egg & sausage	6 Croissant Sandwich w/sausage	7 Bagel sandwich w/sausage	8 Croissant Sandwich w/sausage	9 Bagel sandwich w/sausage
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Breakfast flatbread sandwich w/egg & sausage	13 Croissant Sandwich w/sausage	14 Bagel sandwich w/sausage	15 Croissant Sandwich w/sausage	16 Bagel sandwich w/sausage
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
19 Breakfast flatbread sandwich w/egg & sausage	20 Croissant Sandwich w/sausage	21 Bagel sandwich w/sausage	22 Croissant Sandwich w/sausage	23 NO SCHOOL
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	
26 Happy Memorial Day!	27 Croissant Sandwich w/sausage	28 Bagel sandwich w/sausage	29 Croissant Sandwich w/sausage	30 Bagel sandwich w/sausage
<small>Memorial Day</small> 	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz



If your student has a particular food allergy,
please contact the food service office @
(716)286-7288

Student \$1.85
Adult \$3.25